

CIEH Level 2 Award in Manual Handling – Principles and Practice (1-Day Course)

This qualification, aimed at those who carry out manual handling at work, provides essential information about manual handling hazards and their control.

Candidates will learn about the principles of manual handling along with practical manual handling techniques and gain CIEH Level 2 Award in Manual Handling – Principles and Practice.

Who needs this qualification?

All employees who have to carry out any manual handling activities at work, including both industrial and office workers.

Why is this training important?

Under the Manual Handling Operations Regulations 1992, employers are required to take appropriate steps to reduce the risk of injury to employees – this includes suitable training. The CIEH Level 2 Award in Manual Handling – Principles and Practice combines both the theoretical and hands-on elements of the subject and teaches learners techniques to lift, carry, push and pull objects safely within their individual capabilities.

Learning outcomes

- Identify and understand the risks associated with manual handling
- Learn the value of risk assessment and how to apply it
- Make recommendations to manage risks
- Apply the principles of safer handling to a range of everyday manual handling tasks

Duration: One-day programme including practical session

Assessment: Multiple choice examination and practical assessment

Ofqual Accredited: Yes

Ofqual Qualification reference: 500/5516/1

Prerequisite: None